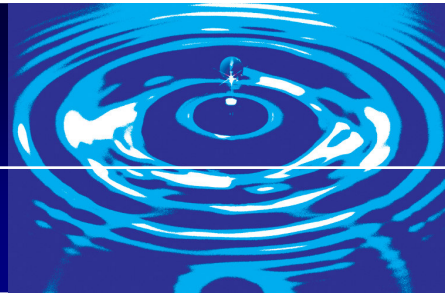


Potentials Realized

Coaching, Training and
Consulting Services



Coaching Programs

November 2007

Packages for Business Partnerships (up to 4 members) and Couples Relationship Systems Coaching

Description	What it includes	Time	Cost/month	
			US	Canadian
Session By Session Basis	One hour for business partners or couples	1 Hour	\$250 US	\$250 Cdn
Three month package	6 Hour Package. Email Support Between Sessions and Structured Activities for partners. 10% discount on retreat and group coaching programs.	6 Hours Recommended 2 hours/month for 3 months	\$1350 US	\$1350 Cdn

For Individual Professionals Balance/ Impact Package – 2 Hours/month

Description	What it includes	Time	Cost/month	
			US	Canadian
Impact	Two hours of coaching per month, taken as two 1 hour, or three 40 minute sessions Email support between sessions	2 Hours/ month	\$375 USD	\$400 Cdn
3-month pre-payment option	Pay for three months of sessions in advance and save	3 months of 2 hour sessions	\$950 USD	\$1000 Cdn

Enhancement Package – One and a Half Hours

Enhancement	One and a half hours of coaching per month, taken as two 45 minute sessions Email support between sessions	1.5 Hour per month	\$295 USD	\$295 Cdn
3-month pre-payment option	Pay for three months of sessions in advance and save	3 months of 1.5 hour sessions	\$795 USD	\$795 Cdn

Quick Start Package – One Hour per month

Quick Start Package	One hour of coaching per month, taken as one or two sessions	1 Hour per month	\$190 USD	\$190 Cdn
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Lazer Coaching Sessions – 30 minute sessions

Lazer Coaching	Benefit from the flexibility of having coaching when you need and want it!	Half Hour Sessions Booked As You Need It	\$95 USD	\$95 Cdn
Lazer Coaching Special	Purchase 4 Lazer Coaching Sessions at once, and receive the 5 th one free! Sessions can be taken over a six-month period. Makes a perfect gift as well!	5 Half Hour Sessions	\$380 USD	\$380 Cdn

Coaching programs are delivered by phone. Travel charges for in person work are extra, depending on location.
For more information, please contact Jennifer Britton, PCC, CHRP, CPT at jennifer@potentialsrealized.com.